

WALK BIKE & ROLL TO SCHOOL

BINGO CHALLENGE!

Walk or roll around your neighborhood for 30 minutes	Go for a walk or bike ride on a local trail	Wear a helmet while biking or rolling	Say hi to a police officer while walking or rolling	Walk or roll to a park or playground
Go for a walk or roll three days in a row	Wear a helmet while biking or rolling	Walk or roll to a friend's house	Walk or roll to get ice cream or to a restaurant	Walk or roll to the library
Walk or roll to a park or playground	Go for a walk or bike ride along a creek or river	FREE SPACE	Go for a walk or bike ride on a local trail	Walk or roll to a friend's house
Wear bright colors while walking or rolling	Walk with your pet (or stuffed animal)	Walk or roll to a park or playground	Get a picture of yourself walking or rolling	Walk or roll around your neighborhood
Get a picture of yourself walking or rolling with a friend or family member	Walk or roll to a school	Go for a walk or roll three days in a row	Wear a helmet while biking or rolling	Go for a walk or bike ride along a creek or river



OFFICIAL RULES: Cross off only **ONE** square every time you complete an activity! Email any photos and a shot of your completed bingo card to **Longmeadowgreenschool@gmail.com by Wednesday, May 11th**. For every bingo row completed (across, down, or diagonal) you will earn **ONE** entry into the Walk, Bike & Roll raffle to win prizes! Fill the whole bingo card for an extra chance to win!

REMEMBER TO WALK, BIKE OR ROLL TO SCHOOL ON WEDNESDAY, MAY 11th!

Name _____ Teacher: _____ Grade: _____