

Online Learning Success Tips

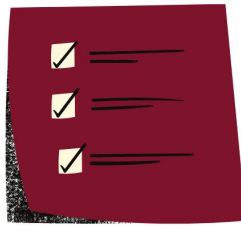
The tips below will help you be productive and successful in your online learning environment.



1

BE PREPARED

- Log-in to class on time
- Make sure devices are charged and working
- Be presentable, following school dress code



2

BE ORGANIZED

- Have a dedicated learning space
- Have class materials out and ready to use
- Create task lists & cross them off as you complete and turn it in



3

ACTIVELY ENGAGE

- Cameras on to increase connections
- Actively listen and participate in class activities
- Use chat and tools to share thinking



4

BE SAFE & RESPECTFUL

- Show respect for all classmates and teachers
- Be kind with your words and actions
- Be considerate & share mic with others



5

MINIMIZE DISTRACTIONS

- Find a quiet space
- Put phone away
- Mute yourself when others are speaking



6

PRACTICE SELF-CARE

- Get enough sleep (*8 hrs per night*)
- Take screen breaks during the day
- Be physically active when possible
- Ask for help when you need it