



Kids Heart Challenge™ is coming!

Get ready to take a road trip across America with the Kids Heart Challenge Explorers! Long Meadow will be kicking off Kids Heart Challenge end of January in PE class!

Get a jump start on by registering today!

Click the link below to register:

<http://www2.heart.org/goto/longmeadow>

Through Kids Heart Challenge, kids learn jump rope skills, how their heart works and raise money to help kids with special hearts. Have fun, learn how to stay healthy and make a difference in the lives of others! Learn more about the kids like Everly by clicking on the picture below.

