## Career Connections

Connecting to Possibilities
Through
Career
Awareness and Exploration



Someone is sitting in the shade today because someone planted a tree a long time ago. ~Warren Buffett

## February 2022



Can farms be inside warehouses? Yes! Kelly Sharpe, a horticulturalist with Planted Detroit, walks us through Vertical Farming here.





## Family Challenge

Think about your fruit's journey. Notice the origin of the fruit shown on the sticker or packaging. Discuss the miles the food had to travel to get to your plate. Be sure to discuss some careers involved from growing, to packaging needs, to logistics of travel, the store where the food is sold, then to your home for eating. Many resources are needed at all levels. Curious of the travel of some <a href="strawberries">strawberries</a>? Or <a href="bananas">bananas</a>? Check out the videos to learn more.

RCS values career awareness, exploration and growth.
Career development is a lifelong process that begins in childhood.

Spotlight on:

Agriculture, Food, and Natural Resources

Skill Focus on: People Management/Self Management

We have the ability to learn how to manage ourselves and our emotions through practice.

Please <u>click here</u> for a video below that explains belly breathing and the body/mind connection.





**Career Resource: Xello** 

Xello is a fun career exploration tool available to RCS students, K-12.

Click to explore Xello from your child's device under the RCS Bookmarks Tab

- Career Readiness - Xello.

