



Chartwells School Dining Services: Rochester Elementary Schools

Breakfast Menu December 2021

All meals are FREE through the end of the school year due to a USDA waiver from COVID

A full student breakfast meal includes an entrée supplying grains or grains and protein, 1 cup of fruit side dish, and choice of milk.

Milk choices include 1% white and 1% chocolate.

Menu subject to change due to product availability. This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
		1 BeneFIT Bar Chilled Fruit 100% Fruit Juice	2 Breakfast Cereal with Cinnamon Goldfish Cracker Fresh Fruit 100% Fruit Juice	3 Mini Pancakes with Syrup Chilled Fruit 100% Fruit Juice
6 WG Stuffed Cinnamon Cream Cheese Bagel Chilled Fruit 100% Fruit Juice	7 Breakfast Pizza with Turkey Sausage Fresh Fruit 100% Fruit Juice	8 BeneFIT Bar Chilled Fruit 100% Fruit Juice	9 Breakfast Cereal with Cinnamon Goldfish Cracker Fresh Fruit 100% Fruit Juice	10 Mini Waffles with Syrup Chilled Fruit 100% Fruit Juice
13 WG Bagel with Cream Cheese Chilled Fruit 100% Fruit Juice	14 Breakfast Pizza with Turkey Sausage Fresh Fruit 100% Fruit Juice	15 BeneFIT Bar Chilled Fruit 100% Fruit Juice	16 Breakfast Cereal with Cinnamon Goldfish Cracker Fresh Fruit 100% Fruit Juice	17 Mini French Toast with Syrup Chilled Fruit 100% Fruit Juice
20 No School	21 No School	22 No School	23 No School	24 No School
27 No School	28 No School	29 No School	30 No School	31 No School

Go to [MyPlate.gov](https://www.MyPlate.gov) for online personal wellness resources for you and your family.



QUESTIONS? CALL:

Food Service Director Tracy Hizer @ 248-726-4650 or

Asst. Food Service Directors Tamara Brazelton or Marci Flaherty at 248-726-4601 or 248-726-4603

