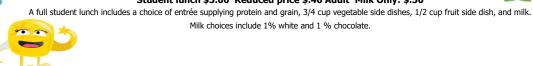


0

Chartwells School Dining Services: Rochester Elementary Schools Lunch Menu August 2022 Student lunch \$3.00 Reduced price \$.40 Adult Milk Only: \$.50

Milk choices include 1% white and 1 % chocolate.



Monday Tuesday Wednesday Thursday Friday	,				
29 30 31					
Homemade Mac and Cheese Hot Dog on a WG Bun					
1/2 Day WG Fluffy Breadstick Vegetarian Baked Beans					
No Lunch Service Seasoned Green Beans Sweet Potato Fries					
Fruit & Veggie Bar Fruit & Veggie Bar					
Alternate Entrees (available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk):					
Mondays Tuesdays Wednesdays Thursdays Friday	5				
B. Cereal Fun Lunch B. Strawberry Parfait with B. WG Nacho Fun Lunch B. Garden Cheese Salad with WG B. Turkey and Ch	eese on WG				
Homemade Granola Breadstick Hoagie					
	Patty on a				
WG Bosco Cheese Sticks w/ C. WG Chicken Nuggets with WG C. Cheeseburger on WG Bun C. WG Corn Dog C. WG Chicken Pizza Sauce Breadstick WG Bu					

A student must select 1/2 cup of fruit or vegetable to make a complete meal or a la carte pricing is applied.

QUESTIONS? CALL:

Food Service Director Marsha Dziewit at 248-726-4650 or

This institution is an equal opportunity employer.

Asst. Food Service Directors Tamara Brazelton or Marci Flaherty at 248-726-4601 or 248-726-4603



This month's food focus is: Peformance Nutrion: Food for energy Chartwells new Food and Nutrition Guidelines make it easier than ever for students to make healthy food and beverage choices at school.





This Month's Fruit and Vegetable Bar Featured Selections: Apples, Oranges, Celery Sticks and Baby Carrots Available Every Day

Monday	Tuesday	Wednesday	Thursday	Friday		
August 29th-August 31st						
-	Orange Wedges	Fresh Baby Carrots				
	Celery Sticks	Broccoli Florets				
	Red Pepper Strips	Chilled Mixed Fruit				
	Cinnamon Applesauce	Craisins				